

THE GRIEF BRIEF



Emma's Place – Staten Island Grief Center for Children and Families

March 2024 | Volume 8 | Issue 1

Emma's Place Spreads Love to the Pre-school aged Children at Eden II

At one of our Emma's Place's children's groups in early February, the participants worked on their annual "spread the love" Valentine's Day project.

This year our wonderful Emma's Place children created handmade Valentine's Day cards with meaningful sayings. They also put together bags filled with sensory toys and tender loving care to be distributed to pre-school aged children at Eden II.

The pictures above, show a close-up of the gift bag that was delivered, and our children with Maureen Higgins and Teresa Cirelli, Administrators at the Eden II school program, who partnered with Emma's Place on this year's project. The Eden II school program offers a center-based full day program to 5-21-year-old people with autism/PDD. The goal of the program is to help the person with autism achieve his or her full potential. Programming includes goals in communication academics, social skills, self-help skills, and the promotion of adaptive behavior.

The Emma's Place children found this project very meaningful and memorable, and got to experience the joy of giving back to others.



Two students at Eden II who received the Emma's Place gift of love.

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At Emma's Place you will:

- Be supported by those who have journeyed through their own path of grief.
- Find a community of welcoming, caring, and committed individuals who will listen.
- Learn healthy grief processing in a private, safe-setting which facilitates healing while offering the hope and tools to move forward to a meaningful life.

EMMA'S PLACE GROUP SCHEDULE

Support~Community~Hope

Emma's Place
Staten Island Grief & Loss
Center for Children and
Families
P.O. Box 10311
Staten Island, NY 10301

Contact us at:
Telephone 347.850.2322
Email:
info@emmasplacesi.org



Please Call 347.850.2322 for
Dates and Times

In Person:

- Little's Ages 4-5
- Children Ages 6-10
- Tweens Ages 11-14
- Teens Ages 15-17

**Upon Request: In-person individual
counseling sessions**

We Rely on YOU:

Our Center is supported through donations, grants, memorials and bequests; which will allow us to provide grief services, at no cost, to children and families in the community.

If you would like to support Emma's Place and help grieving children and families you can:

- Mail a check, made out to Emma's Place, to:
Emma's Place
P.O. Box 10311
Staten Island, NY 10301
- Donate online at:
www.emmasplacesi.org/donate

Emma's Place staff members are also available for training and educational presentations. To contact us please call: 347.850.2322 or email: info@emmasplacesi.org

We greatly appreciate your generosity!

ARE YOU AWARE?

Social Work Month is Celebrated Annually in March. The 2024 Social Work Month Theme is **Empowering Social Workers! Inspiring Action, Leading Change.** Emma's Place would like to honor its amazing Social Workers, Jessica, "Jessie" Capuozzo and Olivia Cimino who inspire us each day and help create beautiful changes in the world.

March is also Women's History Month. The National Women's History Month's theme for 2024 celebrates "**Women Who Advocate for Equity, Diversity and Inclusion.**" This theme honors women throughout the country who understand that to have a positive future, we need to completely eliminate bias and discrimination from our lives and institutions.

GRIEF FACTS

1. Many people mistakenly believe grief is something that people "get over" as time goes by. This is a myth surrounding grief. Actually, grief is a life-long process of learning how to incorporate the loss of a loved one into their lives, finding healthy ways to deal with emotions concerning the loss, and discovering ways to maintain a connection with the lost loved one.
2. Those going through grief often describe it as being on a roller coaster. They feel different emotions at different times, or at the same time. For example, one day they can be sad, another day they can be angry, and on another day, they may feel guilty and relieved at the same time.
3. Grief does not follow a pattern or rules. Many people mistakenly believe that there are five stages to grief. This is actually incorrect. These five stages came from a book by Dr. Elizabeth Kubler-Ross that she wrote in 1968 after she interviewed people facing death. These stages came about from information learned in these interviews. They were not meant to be applied to grieving the loss of a loved one.



SAVE THE DATE
Saturday, June 1, 2024
Clove Lakes Park
9:00 am - 12:00 noon